



Detailed Packing List

Weather: Expect temperatures ranging from 50-60 in the mornings and evenings to 75-90 during the day. Every year there is at least one major storm during the week.

Space and Weight: Be mindful of how much space you have, especially if traveling a long distance. Work with your post to share items where possible, such as stake hammers or air pumps.

Necessary Items

Clothing:

- Belt
- Explorer shirt (for travel days)
- Flip flops / water shoes for shower
- Hat / ball cap
- Jacket
- Laundry bag for dirty clothes
- Orange** safety vest (can borrow one from camp for \$ deposit)
- Pajamas
- Rain jacket / Poncho
- Shirts (1 per day; Explorers receive 1-2 free at AEB)
- Shoes (2-3 pair in case they get wet)
 - Socks (1 pair per day plus 3 extra pair)
 - Sunglasses (ensure UV-A and UV-B protection)
 - Underwear (1 pair per day plus 1 extra pair)

Toiletries:

- Deodorant
- Shampoo / Conditioner
- Toothbrush / Floss
- Toothpaste
- 1-2 Towels
- Washcloths / Body Scrubber

Sleeping:

- Pillow
- Sleeping bag or blanket
- Tent (coordinate sharing with others)
 - Rain fly Stakes
 - Hammer Plastic ground cover

Miscellaneous:

- Backpack (lightweight)
- Bug spray
- Cell phone
- Cell phone charger
- Chapstick (15 SPF recommended)
- 1-2 Flashlights (headlamps work great!)
- Flashlight batteries (2 sets)
- Medical form (needed while traveling)
- 2-3 containers Sunscreen (30+ SPF)
- Wallet (with government-issued, TSA-approved photo ID)
- 1-2 Water bottles (reusable)
- Ziplock bags (keeps small items like phone/wallet dry, prevent liquid spills in transit)

If Applicable

Clothing:

- Contacts/Glasses (recommend bringing backup)
- Contact/Glasses case
- Contact solution / Lens cleaner
- Hair Ties

Toiletries:

- Electric razor with charger
- Razor with shaving cream
- Feminine hygiene products
- Other personal hygiene products
- Over-the-counter medication
- Prescription medication

Miscellaneous:

- Orange marshalling wands

Optional Items

Clothing:

- Beanie / knitted cap for cool evenings and mornings
- Boots
- Sweater(s)

Toiletries:

- Comb / hairbrush
- Moisturizing lotion
- Q-tips

Sleeping:

- Air mattress / sleeping pad / cot (make sure all dimensions fit inside tent – test before you go!)
- Air pump for air mattress
- Battery-powered or wind-up alarm clock
- Bedsheets

Miscellaneous:

- Book(s)
- Camera
- Camp chair (small)
- Cash spending money (ATMs available on grounds)
- Fan (battery-powered)
- First Aid Kit (camp has a first aid station)
- Headphones or ear buds
- Hearing protection
- Lantern (electric)
- 1-2 Portable battery for phone (outlets at camp get crowded)
- Wrist watch (while on duty, phones CANNOT be used to check time)